



# Garden Grove Seventh-day Adventist Church

## Pastor Dan's Newsletter



September 9, 2016

ALOHA one last time!

We are packed up and on our way to the airport. The vacation you look forward to for months is somehow over! Someday there will be a vacation that will never end!

But the good news is that we will see you all in the morning. In Second Service we start a new REVELATION series, starting with Revelation 1--"THE STAR OF THE 4TH QUARTER!"

Two quick announcements:

1. Pick up some flyers for the Revelation One-Day Seminar next Sabbath, Sept. 17. Dr. Paulien will give 4 messages--9:30, 11:30, 2:30; 3:45. Great lunch inbetween. You cannot get a better deal than getting our denomination's best all to ourselves for one day!

This is the best invitational event this year.

2. SEPTEMBER 18 is the target date for Wellstart. If you haven't signed up yet, do it tomorrow at the booth after church! Here is their announcement:

Don't miss the chance to join the WellStart Health program, an amazing, 12-week online program that can help you get healthier and stay healthier, and is free of charge to you!! You will get helpful articles, recipes, text messages from a health coach, video visits with a doctor and dietitian, and MORE!!

If you are working age, overweight, and have either high blood pressure or high cholesterol or high blood sugar, than you probably qualify for the 12-week pilot!

The program begins September 18th and we want to make sure you have a space. In order to participate, you will need to do a brief, 10 minute screening call with Olivia. Email or call: [olivia@wellstarthealth.com](mailto:olivia@wellstarthealth.com) , or [310-770-3362](tel:310-770-3362)

Hope to hear from you soon.

God bless you all! See you soon!

Pastor Dan